

TEA TREE GULLY GYMSPORTS GENERAL GYMNASTICS

TERM 1 2017

Welcome to all of our families to Term 1 2017 and to our first General Gym newsletter!

Our newsletter is one of the new ways we will be communicating to our families this term following the results from our recent surveys and we will be putting one out at the start of each term. It has been a hot start to the term when what it seemed the whole month of January's heat was put upon us in just a few days in week 2 of term. While we do have air-conditioning at both our main Gym as well as in Banksia Primary unfortunately sometimes things like burst water mains happen that are out of our control. We had no option other than to turn off our air conditioner in this circumstance as the health and safety of our athletes and coaches always comes first. Also after a few days of extreme heat combined with an exceptionally high humidity sometimes the air-conditioning just cannot compete and in these situations we make the safest decision there is which may mean cancelling classes. If your classes are cancelled for these reasons you are able to book in to another session to do a make-up class. You are able to do two sessions in a row if this is the most suitable option. You do need to book in for this. If your session falls on a public holiday (which there are a couple of this term) your fees would have been altered accordingly therefore there is no need to organise a make-up session as you will not be charged for these sessions.

Banksia Park primary have recently asked us to remind our families to not park in their driveways when attending sessions there.

KEY DATES TERM 1 2017.

- ☺ Bring a parent night. Week 8. (Mon 20th March - Fri 24th March) A great opportunity to come and see what your child can do in the gym, speak to their coaches and have a go yourself.
 - ☺ Monday March 13th Adelaide Cup Public holiday
 - ☺ Friday April 14th Good Friday Public holiday
 - ☺ Last week of term Monday April 10 - Thursday April 13th
 - ☺ Sessions return for term 2 Monday 1st of May
- (Fees have been adjusted accordingly to account for public holidays and you have not been charged for these.)

Term Fees

1 hour per week (10 weeks)
1 child \$94.00

2 hours per week
1 child \$187.39

Registration \$55 per year
(Covers 1st January - 31st December)
Payable in full no pro-rata)

Building fund levy \$30 per year per family
(Late fee payments incur a penalty fee)

General Gym session times

Main Gym (TTGGS)

Monday 4:00-5:00

Tuesday 4:00-5:00 (5-7 year olds)
5:00-6:00 (5-8 year olds)

Wednesday 4:00-5:00 (5-8 year olds)
6:00-7:00
7:00-8:00
8:00-9:00 (12 years +)

Thursday 4:00-5:00
5:00-6:00
6:00-7:00
7:00-8:00

Friday 4:00-5:00

Banksia Primary Gym

Monday 4:00-5:00
5:00-6:00
6:00-7:00

Friday 4:00-5:00
5:00-6:00
6:00-7:00

Saturday 9:00-10:00
10:00-11:00
11:00-12:00

SURVEY RESULTS.

Thank you to everyone who completed a survey for us late last year. We appreciate your time and always appreciate feedback.

There were a few common topics mentioned in the results which we would like to address.

They are as follows:

We understand that you would like to know more about what your child is learning while at Gymnastics.

It is our plan that at the end of each term you will now be receiving an **“Athlete Progression Report.”**

This will be emailed to you and will include a skills checklist as well as a short comment. The first report will be at the end of this term. Upon receiving this report we would once again appreciate your feedback on the format of the report and suggestions on what else you would like to see in it.

Athlete viewing screens in the foyer.

We are regularly asked to provide a viewing screen linked up to a camera in the gym so that parents/ carers can see their child training. Be assured we have looked into this many times and while yes it would be possible however it comes back to an issue of privacy. We cannot stop members of the public from entering the foyer therefore a screen showing our athletes training that would be able to be viewed by these members of the public would be a direct invasion of our athletes privacy and could impede upon their personal safety. Also upon discussion many of our athletes themselves have expressed concern as to not wanting to be on display for all to see while they are training. In respect to these concerns we will not be providing this. We hope you can understand our reasons.

Not enough room in foyer.

We understand that there is very limited room in the foyer for parents/ carers. We try to provide as much room as we can. Obviously the room that we have at TTGGS goes to our athletes first so we are only left with a small foyer and we apologise for this. You are more than welcome to leave your child when they are training and come back and collect them once training has finished. We will always contact you ASAP if something happens and you are not here.

Car park Problems.

We agree!!!! The carpark is out of our control. We share the carpark with the other sporting clubs in the area including TTG Netball club, Tennis club, Football club and Athletics club and is a Council issue. We have approached the council with your concerns as well as concerns of our own but unfortunately that is all that we can do. Please do not park in the no standing area where the yellow line is across the front of the gym as this adds to the congestion. Also try to use the car park in a one way direction and please do not drop your child off to run across the carpark into the gym as this places them in a very dangerous situation. Especially as the nights will soon start to get darker earlier and the lighting in the carpark is not great. Hopefully the council will be able to address this situation at some stage in the near future.

Communication between parents/ carers and coaches.

We are hoping to improve upon our communication firstly by providing this newsletter each term. We will continue with our **“Bring a parent”** night as we feel it is a great opportunity for you to speak to your child’s coach and we encourage this.

We understand that with the crossover of sessions that it can be difficult to see an opportunity to speak with your child’s coach but if you would like to do so they would be happy to speak to you. You are welcome to call the club or send an email to gg@ttggysports.com.au stating your child’s name and session time and let us know that you would like to speak to their coach then a message will be passed on so that they can make the time to speak with you.

Hopefully with the implementation of our Athlete Performance Reports this will also improve communication.

General Gymnastics Extended classes

General Gymnastics extended classes are aimed to cater for children that are wanting to participate in a gymnastics class that works on high level skills. These skills include front and back saults, back flips and front handsprings, aerials and many more. These classes provide a productive environment for your child to work on these skills in a safe manner. Certain basic skills need to be achieved before entering an extended class. These include; handstand, cartwheel, round off and backward roll as well as any of the skills listed above. If you would like more information about extended classes speak to your child's current coach.

Times:

Wednesdays: 5:00-7:00 & 7:00 – 8:30 pm

Thursdays: 4:30 – 6.30 & 7:00- 9:00 pm

Adults Gymnastics.

Why let the kids have all the fun?? At TTGGS we also offer classes for adults. Develop strength and flexibility, improve your fitness and have fun. Adult's gymnastics classes are for all ability levels, are non-competitive, and you can train at your own pace. Classes are held on Mondays and Fridays 8 until 9:30 pm

Adult's fees: \$15 per class.

Registration \$55 per year.

Building fund levy \$30 per year per family.

Birthday Parties at TTGGS

Birthday parties at TTGGS are very popular are lots of fun for all ages.

Our parties include: use of the gym for 1.5 hours, fun and energetic staff to assist children with equipment, use of the kitchen facilities including microwave, stove, and fridge, choice of two eating areas (Indoor or outdoor), Invitation template.

Our Birthday party calendar fills very quickly so for more information or to book in please speak to our member service team.

FACEBOOK.

Have you "Liked" our "Tea Tree Gully General Gymnastics" Facebook page?? If not please do. It is another way that we communicate with our families about things that are going on within the Gym!!



Merchandise/ Uniforms

We have a great selection of uniforms and merchandise available from our Uniform Shop. The Uniform Shop is located in Rostron hall next to the club.

Opening hours are: Tuesday night's 6 - 8 pm

Thursday night's 6.45 - 7.45 pm

Third Saturday of each month from 12.30 - 1.30 pm

Cash and EFTPOS payments accepted.

THANK YOU TO ALL OF OUR FAMILIES FOR CHOOSING TEA TREE GULLY GYMSPORTS!

WE HOPE YOU ENJOY THE TERM!!

