



TEA TREE GULLY GYMSPORTS GENERAL GYMNASTICS TERM 3 2017

Welcome to all of our families to term 3 2017!

We are looking forward to another fantastic term of gymnastics... developing skills, building strength, increasing confidence and forming friendships.

We have had many new athletes join our General gymnastics program this term however we still have some vacancies in some of our sessions so tell your friends!!

Current vacancies (as at 11/08/17)

Classes at Banksia Park Primary School Gymnasium (within walking distance from the main club)

Monday's 4:00pm and 5:00pm
Friday's 4:00pm, 5:00pm and 6:00pm
Saturday's 9:00, 10:00 and 11:00
(All classes are suitable for ages 5+ years)

Classes at main club

Wednesday's 8:00 pm (12+ years only)
7:00 pm (5+ years)

Athlete Progression Reports (APR's)

We will be completing APR's on every athlete again towards the end of this term. Rather than using a paper format as we did in term 1 this year we will now be implementing a digital format. The plan is once they are completed these will be sent out electronically.

As this is a new system there may be some initial teething issues and we appreciate your understanding with this.

Next year we are planning on completing digital APR's at the end of terms 2 and 3.

If you would ever like to speak to your child's coach about their development or if there are any issues you would like to address with them please do. We understand that with the crossover of sessions that it can be difficult to see an opportunity to speak with the coaches but if you would like to they would be happy to speak to you. You are welcome to call the club or send an email to gg@ttggymnsports.com.au stating your child's name and session time and let us know that you would like to speak to their coach then a message will be passed on so that they can make the time to speak with you.

We are regularly making changes to our general gymnastics program, changing rotations, implementing feedback and keeping things fresh for our athletes.

Bring a parent/ responsible adult night

Bring a parent will be held in **week 9 of this term (18th – 22nd of September.)**

This is a fantastic opportunity to come into the gym and see what your child has been learning- as well as having some fun yourself!

We also use this as a fundraiser to raise money to go towards general gym, athletes Christmas presents and Easter Eggs.

Getting to know our coaches!

Name: Sam

Position at Tea Tree Gully Gymsports: General Gym, adults and tumbling Coach

Classes coached: Monday's 4:00-7:00 at Banksia Primary

Wednesday's 4:00-9:00 at TTGGS main gym

Thursday's 4:00-7:00 at TTGGS main gym

Friday's 4:00-7:00 at Banksia Primary

Saturday's 9:00-12:00 at Banksia Primary

I run our "Sporting Schools" program where I go out to primary schools and teach the fundamental gymnastics skills to primary school children.

I also coach during school holidays at our Gym fun programs and run some of the birthday parties held at TTGGS.

How long have you been coaching? 6 years.

Personal Gymnastics experience: I started in Men's gymnastics around the age of 8 before moving to trampolining where I competed.

After a few years I then moved to General Gym extended classes and then onto adult's gymnastics where I still train when I have the time.

Gymnastics Goals: To keep coaching and to continue to progress as a coach.

Favourite thing about the job? Seeing children progress in their skills, in particular children with special needs.

Favourite Gymnastics Skill to coach: Running tumbling passes such as a round off flip.

Favourite Gymnastics Skill to do: Double back sault on tramp- (It's really scary but lots of fun if you land it and don't die.)

Thanks Sam!!



Term Fees

1 hour per week (10 weeks)

1 child \$94.00

2 hours per week

1 child \$187.39

Registration \$55 per year (Covers 1st January-31st December Payable in full no pro-rata)

Building fund levy \$30 per year per family

(Late fee payments incur a penalty fee)

Adults Gymnastics.

Why let the kids have all the fun?? At TTGGS we also offer classes for adults. Develop strength and flexibility, improve your fitness and have fun. Adult's gymnastics classes are for all ability levels, are non-competitive, and you can train at your own pace. Classes are held on Mondays and Fridays 8 until 9:30.

Adult's fees: \$15 per class.

Registration \$55 per year.

Building fund levy \$30 per year per family.

Birthday Parties at TTGGS

Birthday parties at TTGGS are very popular are lots of fun for all ages.

Our parties include: use of the gym for 1.5 hours, fun and energetic staff to assist children with equipment, use of the kitchen facilities including microwave, stove, and fridge, choice of two eating areas (Indoor or outdoor), Invitation template.

Our Birthday party calendar fills very quickly so for more information or to book in please speak to our member service team.

FACEBOOK.

Have you "Liked" our "Tea Tree Gully General Gymnastics" Facebook page?? If not please do. It is another way that we communicate with our families about things that are going on within the Gym!!



Merchandise/ Uniforms

We have a great selection of uniforms and merchandise available from our Uniform Shop. The Uniform Shop is located in Rostron hall next to the club.

Opening hours are: Tuesday night's 6 - 8 pm

Thursday night's 6.45 - 7.45 pm

Third Saturday of each month from 12.30 - 1.30 pm

Cash and EFTPOS payments accepted.

THANK YOU TO ALL OF OUR FAMILIES FOR CHOOSING TEA TREE GULLY GYMSPORTS!!

WE HOPE YOU ENJOY THE TERM!!

